



SKILLS CAMP 2010

THIS NON-CONTACT FOOTBALL CAMP IS OFFERED TO ALL INCOMING 3rd-8TH GRADERS.

DATE: JUNE 14TH-JUNE 18th. AT GRANADA HIGH SCHOOL.

TIME: 10:00AM - 12:30PM

COST: \$100.00 PAYABLE TO GRANADA SKILLS CAMP

ALL CAMPERS WILL BE INSTRUCTED ON OFFENSIVE, DEFENSIVE AND THE PROPER WEIGHT LIFTING TECHNIQUES: THROWING, CATCHING, AND CARRYING THE FOOTBALL. THE PROPER FOOTWORK NEEDED FOR EACH OFFENSIVE AND DEFENSIVE POSITION. AS WELL AS, THE CORRECT FOOTBALL STANCE NEEDED FOR EACH POSITION.

ALL CAMPERS WILL ALSO RECEIVE A WRITTEN EVALUATION AND A CAMP TEE-SHIRT.

THIS CAMP WILL BE CONDUCTED BY TIM SILVA, HEAD COACH AT GRANADA HIGH SCHOOL

REGISTER WITH:

Granada Skills Camp c/o Tim Silva

400 Wall St.

LIVERMORE, CA. 94550

Phone: (925) 606-7299

(925) 667-6132

Granada Skills Camp Application Form

Name _____

Date _____

Address _____

City _____ Zip _____

Day Time Phone _____

Emergency Phone _____

Grade in September _____

Any Restrictions (Medically or Physically)

Cost \$100.00-Payable to Granada Skills Camp.

Parent's Signature _____

Insurance co. Name _____

Policy# _____

Please Send Application to:

**Granada High School c/o Tim Silva
400 Wall St.
Livermore, Ca. 94550**