



2010 Granada Freshman Football Calendar



August 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 OFF	3 OFF	4 OFF	5 OFF	6 OFF	7
8	9 OFF	10 OFF	11 OFF	12 OFF	13 OFF	14
15	16	17	18	19	20	21 <b>BLACK &amp; GOLD SCRIMMAGE AND FAMILY BBQ 4:00</b>
22	23 <b>WORK OUT 3:20 PRACTICE 4:00 – 6:15</b>	24 <b>WORK OUT 3:20 PRACTICE 4:00 – 6:15</b>	25 <b>WORK OUT 3:20 PRACTICE 4:00 – 6:15</b>	26 <b>WORK OUT 3:20 PRACTICE 4:00 – 6:15</b>	27 <b>FROSH JAMBOREE @ LIBERTY HIGH 4:00</b>	28
29	30 <b>WORK OUT 3:20 PRACTICE 4:00 – 6:15</b>	31 <b>WORK OUT 3:20 PRACTICE 4:00 – 6:15</b>				

For all information regarding Granada Football, please see: [granadafootball.com](http://granadafootball.com)



2010 Granada Freshman Football Calendar



September 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 WORK OUT 3:20 PRACTICE 4:00 – 6:15	2 VS. PATTERSON 6:00	3 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	4
5	6 NO SCHOOL PRACTICE TBA	7 WORK OUT 3:20 PRACTICE 4:00 – 6:15	8 WORK OUT 3:20 PRACTICE 4:00 – 6:15	9 VS. SIERRA (MANTECA) 6:00	10 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	11
12	13 WORK OUT 3:20 PRACTICE 4:00 – 6:15	14 WORK OUT 3:20 PRACTICE 4:00 – 6:15	15 WORK OUT 3:20 PRACTICE 4:00 – 6:15	16 BYE WEEK NO GAME	17 TBA	18
19	20 WORK OUT 3:20 PRACTICE 4:00 – 6:15	21 WORK OUT 3:20 PRACTICE 4:00 – 6:15	22 WORK OUT 3:20 PRACTICE 4:00 – 6:15	23 @ CASTRO VALLEY 5:30	24 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	25
26	27 WORK OUT 3:20 PRACTICE 4:00 – 6:15	28 WORK OUT 3:20 PRACTICE 4:00 – 6:15	29 WORK OUT 3:20 PRACTICE 4:00 – 6:15	30 VS. SAN RAMON 4:30		



2010 Granada Freshman Football Calendar



# October 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	2
3	4 WORK OUT 3:20 PRACTICE 4:00 – 6:15	5 WORK OUT 3:20 PRACTICE 4:00 – 6:15	6 WORK OUT 3:20 PRACTICE 4:00 – 6:15	7 @ FOOTHILL 5:30	8 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	9
10	11 WORK OUT 3:20 PRACTICE 4:00 – 6:15	12 WORK OUT 3:20 PRACTICE 4:00 – 6:15	13 WORK OUT 3:20 PRACTICE 4:00 – 6:15	14 @ AMADOR 5:30	15 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	16
17	18 WORK OUT 3:20 PRACTICE 4:00 – 6:15	19 WORK OUT 3:20 PRACTICE 4:00 – 6:15	20 WORK OUT 3:20 PRACTICE 4:00 – 6:15	21 @ CALIFORNIA 5:30	22 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	23
24	25 WORK OUT 3:20 PRACTICE 4:00 – 6:15	26 WORK OUT 3:20 PRACTICE 4:00 – 6:15	27 WORK OUT 3:20 PRACTICE 4:00 – 6:15	28 @ DE LA SALLE 5:30	29 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	30
31						

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2010 Granada Freshman Football Calendar



# November 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 WORK OUT 3:20 PRACTICE 4:00 – 6:15	2 WORK OUT 3:20 PRACTICE 4:00 – 6:15	3 WORK OUT 3:20 PRACTICE 4:00 – 6:15	4 VS. MONTE VISTA 4:30	5 FILM, WEIGHTS & BODY MECHANICS 3:20 – 5:20	6
7	8 WORK OUT 3:20 PRACTICE 4:00 – 6:15	9 WORK OUT 3:20 PRACTICE 4:00 – 6:15	10 WORK OUT 3:20 PRACTICE 4:00 – 6:15	11 NO SCHOOL  @ LIVERMORE 5:30	12 NO SCHOOL	13
14	15	16	17	18 FINALS	19 FINALS	20
21	22	23	24	25	26	27
28	29	30				

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