

2010 GRANADA JV FOOTBALL

IN-SEASON SCHEDULE

<i>MONDAY</i>	TIME	5TH BLOCK
	1:55 - 3:30	SCOUTING/FILM LIFT (UNTIL 3:30)
		PRACTICE
	3:40- 4:00	EARLY OUTS, STRETCH & AGILITIES
	4:00 – 6:30	PRACTICE
<i>TUESDAY</i>	TIME	5TH BLOCK
	1:55-3:05	GRADES & STUDY HALL FILM
		PRACTICE
	3:10 - 3:30	EARLY OUTS, STRETCH & AGILITIES
	3:30 - 6:00	PRACTICE
<i>WEDNESDAY</i>	TIME	5TH BLOCK
	12:50 – 1:40	LIFT
		PRACTICE
	2:30 - 3:00	EARLY OUTS, STRETCH & AGILITIES
	3:00 – 5:30	PRACTICE
<i>THURSDAY</i>	TIME	5TH BLOCK
	1:55-3:05	STUDY HALL FILM
		PRACTICE
	3:15 - 4:15	WALK THRU
	4:30 - 5:30	TEAM DINNER
<i>FRIDAY</i>	TIME	5TH BLOCK
	1:55-3:05	STUDY HALL
	4:30	KICK OFF
<i>SATURDAY</i>	TIME	5TH BLOCK
	8:30 - 10:30	JOG/POOL & FILM